Members and parents or legal guardians of members agree to hold Kevin Winter, the coaches, and the Township of Zorra free and blameless from any damage, accident or injury, which may occur to the member during power skating lessons.

Signature:

Date:

Please complete both sides of this form and send this Application Form and Cheque to : Kevin Winter 102 Well St., Stratford, Ont. N5A 4M1

DEADLINE: Forms must be <u>RECEIVED BY:</u> Winter 1 – September 20th, 2017 Winter 2 - December 15th, 2017

Registrations are accepted on a first come first served basis. Late entries will be accepted if numbers permit and are subject to a \$30.00 Late Fee.

Kevin Winter reserves the right to correct any errors or omissions in the brochure. We have the right to change or cancel any program for which there insufficient registration. In the event of change or cancellation, registrants will be offered a full refund (or pro rated, as appropriate).

Kevin Winter Winter Power Camps Tuesday Mornings

<u>Winter 1</u>— All levels October 10 - December 12, 2017 7:00-7:50am

<u>Winter 2</u>— All levels January 9 - March 13, 2018 7:00-7:50am

All sessions run at EZCC

No refunds will be issued after the closing date without a medical note.

Winter Camp Costs

\$180 per skater per *session* Please make cheques payable to: Kevin Winter

All prices include HST. HST # 826059016RT0001

Power Programs will run with a minimum of 15 skaters per session. Programs will be cancelled if minimum numbers are not met.

Further Information: Please contact Kevin Winter @ 519-275-2379, or kevwint@netscape.net

Equipment Required: All

participants must wear full hockey equipment. Hockey stick is required.



Kevin Winter Winter Power Skating Camps 2017/18

<u>Winter 1</u> October 10 – December 12, 2017

Winter 2

January 9 - March 13, 2018

7:00-7:50am

Embro Zorra Community Centre.

Why Power Skating?

Power skating is a program that is designed to improve and master skating techniques for both hockey and ringette players. Power Skating provides skaters with a session to focus on their skating abilities, which can then be transferred to hockey practices and games. It takes time, practise and dedication to become an excellent skater. Power skating is not only for straight line acceleration but for all skating skill areas, backward skating, tight glide turns, forward/backward crossovers, etc.

The Power Program

This program is geared to skaters who already have basic forward skating skills. It is designed to teach players the skating fundamentals needed to improve speed, quickness, and overall skating agility.

We teach fundamental techniques correctly from the start. This means that we develop our skills slowly at first and then increase speed as the skill is mastered.

Power skating focuses on:

Proper stride techniques forward and backward
Lengthening your stride
Edge control, stopping
Forward and backward crossovers
Explosive skating moves, high velocity turns and pivots
Introduction to forward and backward laterals
All of the above is done with and without the puck

Meet the Instructor

Kevin Winter

Kevin has been teaching power skating for the last twelve years. He currently runs the "New Hamburg Power" school. He is owner of Northern Star Skating Academy Inc. in Stratford and runs Ice Stage Power Skating School through this organization. He has worked with the Seaforth Minor Hockey Association, Wilmot Wolverines Girls Hockey Association, AAA Huron/Perth Lakers teams and Jr. B players.

Kevin Winter Winter Power Camps

Parent's Name: Address:
Address:
Postal Code:
E-Mail:
Phone #:
Emergency Contact:
Sex: M or F
Birth Date: Day: Month: Year:
Check session(s) <u>Winter 1</u> \$180.00
<u>Winter 2</u> \$180.00
Cheque payable to Kevin Winter.

<u>Closing Dates: September 15th, 2017,</u> <u>:December 15th, 2017</u>